

# POVIJEST PARAOLIMPIJSKIH IGARA I PARAOLIMPIJSKOG POKRETA

[https://www.paralympic.org/ipc/history?gclid=EAlaIqobChMInOHDg7616AIVBIXvCh1NrwGWEAAYASAAEgJ2E\\_D\\_BwE](https://www.paralympic.org/ipc/history?gclid=EAlaIqobChMInOHDg7616AIVBIXvCh1NrwGWEAAYASAAEgJ2E_D_BwE)

## SUSTAV KLASIFIKACIJE SPORTAŠA

OPĆENITO O SMISLU I CILJEVIMA SPORTSKE KLASIFIKACIJE U PARAOLIMPIJSKOM SPORTU

[https://www.paralympic.org/sites/default/files/document/170704160235698\\_2015\\_12\\_17%2BClassification%2BCode\\_FINAL2\\_0.pdf](https://www.paralympic.org/sites/default/files/document/170704160235698_2015_12_17%2BClassification%2BCode_FINAL2_0.pdf)

## KROVNE SVJETSKA SPORTSKA UDRUŽENJA PREMA VRSTI INVALIDITETA

- VIRTUS (bivši INAS) - <https://www.virtus.sport/> - osoba s intelektualnim oštećenjima, down sindrom i osobe s autizmom
- IWAS - <https://iwasf.com/> - osoba u kolicima, amputacijama i ostalim tjelesnim oštećenjima
- CP ISRA - <https://cpisra.org/> - osoba s cerebralnom paralizom i povezanim neurološkim stanjima
- IBSA - <http://ibsasport.org/> - slijepi i slabovidne osobe

## VIDEO KLIPOVI O PARAOLIMPIJSKIM IGRAMA I PARAOLIMPIJSKOM POKRETU

- <https://www.youtube.com/watch?v=mK-xZ0sMAdM>
- [https://www.youtube.com/watch?v=6RMOSDynkw8&list=RDCMUci8n36NkW2uCQSFZNIYtuMQ&start\\_radio=1#t=41](https://www.youtube.com/watch?v=6RMOSDynkw8&list=RDCMUci8n36NkW2uCQSFZNIYtuMQ&start_radio=1#t=41)
- <https://www.youtube.com/watch?v=t1YBr2gxrQw>
- <https://www.youtube.com/watch?v=AH73M70Z3t4>
- [https://www.youtube.com/watch?v=UEXet\\_Kmwkw](https://www.youtube.com/watch?v=UEXet_Kmwkw)
- <https://www.youtube.com/watch?v=6RMOSDynkw8>
- <https://www.youtube.com/user/ParalympicSportTV>

## PODACI O PARAOLIMPIJSKIM SPORTOVIMA

Osnovne podatke o svim paraolimpijskim sportovima mogu se pronaći na službenoj stranici međunarodnog paraolimpijskog odbora (IPC)

- <https://www.paralympic.org/sports>

## 1. ALPSKO SKIJANJE – ZPI

- PRAVILA

[https://www.paralympic.org/sites/default/files/2019-10/2019\\_07\\_06%20World%20Para%20Alpine%20Skiing%20Rules%20and%20Regulations%20Final%20v6%20clean.pdf](https://www.paralympic.org/sites/default/files/2019-10/2019_07_06%20World%20Para%20Alpine%20Skiing%20Rules%20and%20Regulations%20Final%20v6%20clean.pdf)

- KLASIFIKACIJA ALPSKO SKIJANJE – ZPI

<https://www.paralympic.org/alpine-skiing/classification>

- How to: para-alpine skiing visually impaired category

<https://www.youtube.com/watch?v=6kcdz2WBkl4>

## 2. ATLETIKA

- PRAVILA

[https://www.paralympic.org/sites/default/files/2020-02/2020\\_02%20World%20Para%20Athletics%20Rules%20and%20Regulations%202020-2021\\_0.pdf](https://www.paralympic.org/sites/default/files/2020-02/2020_02%20World%20Para%20Athletics%20Rules%20and%20Regulations%202020-2021_0.pdf)

- KLASIFIKACIJA ATLETIKA

<https://www.paralympic.org/athletics/classification>

- How to Guide a Blind or Visually-Impaired Runner | Running

<https://www.youtube.com/watch?v=TBPV5yRaxX4>

- United In Stride sighted guide tutorial with audio description

<https://www.youtube.com/watch?v=kOnKauvk2ol>

## 3. BOĆANJE

- PRAVILA

<http://www.bisfed.com/about-boccia/rules/>

- KLASIFIKACIJA BOĆANJE

<https://www.paralympic.org/boccia/classification>

## 4. BIKIKLIZAM

- PRAVILA

<https://www.uci.org/para-cycling>

- KLASIFIKACIJA BIKIKLIZAM

<https://www.paralympic.org/cycling/classification>

## 5. DRESURNO JAHANJE

- PRAVILA

<https://inside.fei.org/fei/disc/para-dressage/rules>

- KLASIFIKACIJA DRESURNO JAHANJE

<https://www.paralympic.org/equestrian/classification>

## 6. GOALBALL

- PRAVILA

<http://www.ibsasport.org/sports/goalball/rules/>

- KLASIFIKACIJA GOALBALL

<https://www.paralympic.org/goalball/classification>

- IBSA SPORT Goalball:

<http://www.ibsasport.org/sports/goalball/videos/>

- Goalball: A Sport For the Blind

[https://www.youtube.com/watch?v=lmhL\\_YzzeFg](https://www.youtube.com/watch?v=lmhL_YzzeFg)

- What is Goalball:

<https://www.youtube.com/watch?v=du5doesdulw>

- Goalball - Sport For The Blind

<https://www.youtube.com/watch?v=hU3VxqOlgp4>

- Goalball, Explained

<https://www.youtube.com/watch?v=1Gr7f-sYseA>

- Paralympic Sport A-Z: Goalball

<https://www.youtube.com/watch?v=0bZ51jzmbAQ>

- Goalball | Trans World Sport (profi video)

<https://www.youtube.com/watch?v=z1P74yrJ5m8>

- The Ultimate Goalball DVD (profi video, edukacija)

<https://www.youtube.com/watch?v=3FlIUgfn9kU>

## 7. NORDIJSKO SKIJANJE I BIATLON – ZPI

- PRAVILA

<https://www.paralympic.org/nordic-skiing/rules>

- KLASIFIKACIJA NORDIJSKO SKIJANJE – ZPI

<https://www.paralympic.org/nordic-skiing/classification>

**How to: Para-biathlon - visual impairment category**

<https://www.youtube.com/watch?v=J1nUgYkhyrE>

## 8. DIZANJE UTEGA

- PRAVILA

<https://www.paralympic.org/powerlifting/rules>

- KLASIFIKACIJA DIZANJE UTEGA

<https://www.paralympic.org/powerlifting/classification>

## 9. STRELIČARSTVO

- PRAVILA

<https://worldarchery.org/Para-Archery>

- KLASIFIKACIJA STRELIČARSTVO

<https://www.paralympic.org/archery/classification>

## 10. SNOWBOARD – ZPI

- PRAVILA

<https://www.paralympic.org/snowboard/rules>

- KLASIFIKACIJA SNOWBOARD – ZPI

<https://www.paralympic.org/snowboard/classification>

## 11. STOLNI TENIS

- PRAVILA

<https://ipttc.org/rules/>

- KLASIFIKACIJA STOLNI TENIS

<https://www.paralympic.org/table-tennis/classification>

## 12. TRIATLON

- PRAVILA

<https://www.triathlon.org/paratriathlon>

- KLASIFIKACIJA TRIATLON

<https://www.paralympic.org/triathlon/classification>

## 13. KARLING - ZPI

- PRAVILA

<https://worldcurling.org/>

- KLASIFIKACIJA KARLING - ZPI

<https://worldcurling.org/>

## 14. RAGBY U KOLICIMA

- PRAVILA

[http://www.iwrf.com/?page=rules and documents](http://www.iwrf.com/?page=rules%20and%20documents)

- KLASIFIKACIJA RAGBY U KOLICIMA

<https://www.paralympic.org/wheelchair-rugby/classification>

## 15. JUDO:

<http://www.ibsasport.org/sports/judo/videos/>

- BLIND JUDO EDUCATION FILM: (25 minuta)

<https://www.youtube.com/watch?v=2gOzQKRW8fs>

- A Guide To Visually Impaired Judo

<https://www.youtube.com/watch?v=JWr41lpfLMc>

- Blind Judokas - više epizoda

<https://www.youtube.com/watch?v=fe6hCuacQmI&list=PL088519811585DB4F>

- How a Blind Person Does Judo

<https://www.youtube.com/watch?v=paJjW4PKgtI>

- Judo - Inside Sports - paraEmotion 10

<https://www.youtube.com/watch?v=N5hYlwfcRc&t=9s>

- 2008 - 2012, Judo Facing The Paralympics | IBSA Judo

<https://www.youtube.com/watch?v=ng9Hq-aEZMk>

## 16. NOGOMET - za slijepe (five side football) IBSA web:

[https://www.youtube.com/results?search\\_query=five+side+footbal+for+blind+education+movies](https://www.youtube.com/results?search_query=five+side+footbal+for+blind+education+movies)

- Blind Fotball

[https://www.youtube.com/watch?v=pb2TRI\\_CwDE](https://www.youtube.com/watch?v=pb2TRI_CwDE)

<https://www.youtube.com/watch?v=vc5LBrJI6Wo>

## 17. BADMINTON

- O SPORTU

<https://www.paralympic.org/badminton/about>

- PRAVILA

<https://corporate.bwfbadminton.com/para-badminton/regulations/>

- BADMINTON KLASIFIKACIJA

<https://www.paralympic.org/badminton/classification>

<https://corporate.bwfbadminton.com/para-badminton/classification/>

## 18. KANU

- O SPORTU

<https://www.paralympic.org/canoe/about>

- PRAVILA

<https://www.canoeicf.com/rules#paracanoe>

- KANU KLASIFIKACIJA

<https://www.paralympic.org/canoe/classification>

[https://www.canoeicf.com/sites/default/files/icf\\_classification\\_rules\\_regulations\\_for\\_paracanoe.pdf](https://www.canoeicf.com/sites/default/files/icf_classification_rules_regulations_for_paracanoe.pdf)

## 19. PLES U KOLICIMA

- O SPORTU

<https://www.paralympic.org/dance-sport/about>

- PRAVILA

<https://www.paralympic.org/dance-sport/rules>

- KLASIFIKACIJA

<https://www.paralympic.org/dance-sport/classification>

[https://www.paralympic.org/sites/default/files/document/180329103429838\\_2018%2BWPDs%2BClassification%2BRules%2Band%2BRegulations.pdf](https://www.paralympic.org/sites/default/files/document/180329103429838_2018%2BWPDs%2BClassification%2BRules%2Band%2BRegulations.pdf)

## 20. PARAHOKAJ

- O SPORTU

<https://www.paralympic.org/ice-hockey>

- PRAVILA

<https://www.paralympic.org/ice-hockey/rules>

- KLASIFIKACIJA

<https://www.paralympic.org/ice-hockey/classification>

[https://www.paralympic.org/sites/default/files/document/170727095205208\\_2017\\_07\\_26%2BWorld%2BPara%2BIce%2BHockey%2BClassification%2BRules.pdf](https://www.paralympic.org/sites/default/files/document/170727095205208_2017_07_26%2BWorld%2BPara%2BIce%2BHockey%2BClassification%2BRules.pdf)

## 21. VESLANJE

- O SPORTU

<https://www.paralympic.org/rowing/about>

<http://www.worldrowing.com/para-rowing/>

- KLASIFIKACIJA

<https://www.paralympic.org/rowing/classification>

[http://www.worldrowing.com/mm//Document/General/General/12/79/48/2017Para-rowingclassifiersmanual\\_English\\_Neutral.pdf](http://www.worldrowing.com/mm//Document/General/General/12/79/48/2017Para-rowingclassifiersmanual_English_Neutral.pdf)

## 22. SJEDEĆA ODBOJKA

- O SPORTU

<https://www.paralympic.org/sitting-volleyball/about>

- PRAVILA

<http://www.worldparavolley.org/#>

- KLASIFIKACIJA

<https://www.paralympic.org/sitting-volleyball/classification>

<http://www.worldparavolley.org/classification/>

## 23. PLIVANJE

- O SPORTU

<https://www.paralympic.org/swimming-fast-facts>

- PRAVILA

[https://www.paralympic.org/sites/default/files/document/180313084120174\\_2018\\_03\\_WPS%2BRule%2Bband%2BRegulations%2B2018.pdf](https://www.paralympic.org/sites/default/files/document/180313084120174_2018_03_WPS%2BRule%2Bband%2BRegulations%2B2018.pdf)

- KLASIFIKACIJA

<https://www.paralympic.org/swimming/classification>

[https://www.paralympic.org/sites/default/files/document/171220150814237\\_2017\\_12%2BWorld%2BPara%2Bswimming\\_Classification%2BRules%2Bband%2BRegulations\\_FINAL.pdf](https://www.paralympic.org/sites/default/files/document/171220150814237_2017_12%2BWorld%2BPara%2Bswimming_Classification%2BRules%2Bband%2BRegulations_FINAL.pdf)

- Who I Swim blind

<https://www.youtube.com/watch?v=JdltbVewrCc>

- Swimming Blind

[https://www.youtube.com/watch?v=GxcRggO\\_H1s](https://www.youtube.com/watch?v=GxcRggO_H1s)

- Swimming Assessment Tool for People with Visual Impairment and Blind

<https://www.youtube.com/watch?v=ltkxHqpZdM>

- Teaching a blind client how to swim (2 x video )

<https://www.youtube.com/watch?v=6Yp-b5zJCro> 1. dio

[https://www.youtube.com/watch?v=A\\_jKSOBhw9c](https://www.youtube.com/watch?v=A_jKSOBhw9c) 2. dio

- Emese Maniu: Brief introduction in teaching basic freestyle, for visually impaired swimmers

<https://www.youtube.com/watch?v=k9nVYf2C6xk>

## 24. TAEKWONDO

- O SPORTU

<https://www.paralympic.org/taekwondo/about>

- PRAVILA

<http://www.worldtaekwondo.org/wp-content/uploads/2019/05/WT-Para-Taekwondo-Competition-Rules-as-of-May-14-2019.pdf>

- KLASIFIKACIJA

<https://www.paralympic.org/taekwondo/classification>

<http://www.worldtaekwondo.org/wp-content/uploads/2019/06/WT-Athlete-Classification-Rules-as-of-May-14-2019.pdf>

## 25. KOŠARKA U KOLICIMA

- O SPORTU

<https://www.paralympic.org/wheelchair-basketball/about>

- PRAVILA

[https://iwbf.org/wp-content/uploads/2019/03/2018\\_IWBF\\_rules-Ver-2\\_Final.pdf](https://iwbf.org/wp-content/uploads/2019/03/2018_IWBF_rules-Ver-2_Final.pdf)

- KLASIFIKACIJA

<https://www.paralympic.org/wheelchair-basketball/classification>

<https://iwbf.org/wp-content/uploads/2017/09/CLASSIFICATION-MANUAL-2014-2018-ENGLISH-FINAL.pdf>

## 26. MAČEVANJE U KOLICIMA

- O SPORTU

<https://www.paralympic.org/wheelchair-fencing/about>

- PRAVILA

<https://wheelchairfencing.iwasf.com/about/overview/>

- KLASIFIKACIJA

<https://www.paralympic.org/wheelchair-fencing/classification>

<https://wheelchairfencing.iwaf.com/about/classification/classification-for-athletes-and-teams/>

## 27. TENIS U KOLICIMA

- O SPORTU

<https://www.paralympic.org/wheelchair-tennis/about>

- PRAVILA

<https://www.itftennis.com/media/2510/2020-rules-of-tennis-english.pdf>

- KLASIFIKACIJA

<https://www.paralympic.org/wheelchair-tennis/classification>

<https://www.itftennis.com/en/about-us/governance/rules-and-regulations/?type=classification>

## 28. STRELJAŠTVO

- O SPORTU

<https://www.paralympic.org/shooting-fast-facts>

- PRAVILA

<https://www.paralympic.org/shooting/rules>

- KLASIFIKACIJA

<https://www.paralympic.org/shooting/classification>

[https://www.paralympic.org/sites/default/files/document/190207132510726\\_World+Shooting+Para+Sport+Classification+Rules+and+Regulations.pdf](https://www.paralympic.org/sites/default/files/document/190207132510726_World+Shooting+Para+Sport+Classification+Rules+and+Regulations.pdf)

- Vision Impaired Shooting | How Does it Work?

<https://www.youtube.com/watch?v=n4YvmeRJOJU>